

SELF-HELP INTERNATIONAL

With its international headquarters in Iowa, Self-Help International works to alleviate hunger by helping people help themselves. We work in Nicaragua and Ghana to improve quality of life for impoverished farm families with dignity. The emphasis is on improving agriculture, empowering women, providing access to clean water, fighting malnutrition, and training and educating youth.

Here's what a monetary contribution through Grace UMC to Self-Help International can do:

- \$25 sponsor Quality Protein Maize seed packs for a farmer
- \$500 sponsors workshops to train youth in improved agriculture, literacy, or preventative healthcare.
- \$250 empowers women by offering financial training and small business start-up loan.
- \$55 fights malnutrition by ensuring a child in Ghana receives a healthy breakfast to start every school day
- \$1,500 provides access to clean water for a community of up to 1,000 people in Nicaragua.

BAZAAR

items are displayed and sold at the Ingathering. They are to be of outstanding quality, handmade and new. No food items will be accepted at the Cherokee bazaar.

QUILTS and WOOD-CRAFTS

are always a feature at the Ingathering auctions. Your creativity and long hours of work will be the highlight of the show! Auction items will be displayed and then sold during the auction held at 12:30 p.m.

If you are interested in making a **monetary donation** to any of the organizations listed, make your check out to:

Grace United Methodist Church
and put the organization name on the memo line.

***Please bring any Ingathering donations
(UMCOR kits, woodcrafts, quilts or gifts of money)
to the church by Sunday, October 28!***



THANKSGIVING INGATHERING

Grace United Methodist Church - Spencer

Sunday, October 28, 2018

- Dedication of Ingathering gifts & offerings at worship!

Ingathering

Western Iowa Technical Convention Center - Cherokee

Saturday, November 3, 2018

- 8:00 to 10:00am Check-in of kits, quilts, bazaar items, Coffee and rolls available
- 7:30 to 10:30am Loading trucks
- 8:00 to 12:15pm Silent quilt and woodcraft auction
- 10:00am Program
- 11:30am Lunch
- 12:30pm Live quilt auction

INGATHERING KITS are one of the traditional staples of the Ingathering and a great way for those who have much and to whom much is available, to share with those who do not have access nor means to basic goods.

Kits are utilized through UMCOR (United Methodist Committee on Relief). UMCOR has changed how they are assisting countries outside the United States. Relief grants will be offered to international partners to allow for local purchase and assembly of kits which are more culturally appropriate. There will be no overseas shipments starting in 2018. Patriotic symbols, such as flags, do not need to be removed from relief kits. This was requested in the past to help kits move more easily through customs.

The only kits we are collecting in Iowa this year are school kits and hygiene kits. Follow all guidelines completely. All new & unwashed items are needed. Consult the Ingathering book in the church office or at www.iaumc.org if you'd like more information.

SAVE this brochure for FUTURE REFERENCE!

UMCOR KITS

HYGIENE KITS help disaster victims reclaim their dignity and self-respect. When people can maintain personal hygiene, their overall health improves.

- 1 new hand towel (15x25 up to 17x27)
- 1 bath size bar of soap in wrapper (3 oz or larger) (No Ivory or Jergens)
- 1 new toothbrush in original sealed wrapper (NO child-sized toothbrushes)
- 1 new washcloth
- 6 band aids (3/4"- 1")
- 1 large, **sturdy** comb (not pocket-sized)
- 1 metal nail file or fingernail clipper (NO emery boards or toenail clippers)
- Add \$1 to purchase toothpaste

Lay out hand towel and lay washcloth flat in center. Place rest of items on top of washcloth. Fold sides of towel to cover items. Fold 1 end of towel so it cover all items. Grasp bundle of items and roll over rest of towel tightly. Place tightly rolled bundle in a one gallon Ziploc bag.

SCHOOL KITS provide tools for education. In some countries, without books, class-rooms, any other supplies, a school kit may be a person's only educational resource.

If you'd like to make school bags, we have plenty of fabric available. Stop by the church office. *[Empty school bags are also needed!!]*

- 3 notebooks, 8 x11; 210-250 sheets total.
- 1 box 24 crayons (ONLY 24)
- 6 **unsharpened** pencils w. erasers
- 1 – 2 " or longer eraser
- 1 blunt-end scissor (metal blades)
- 1 – 30 cm metric ruler
- 1 hand pencil sharpener (1" or more)

All items are placed in a sturdy, cloth bag. The sturdy cloth bag measures 14" wide X 16" long finished with 1"x19" finished handles. (See www.UMCOR.org/reliefsupplies for updated instructions.) Place all items in bag (paper sideways) and fold the top down so loose items don't fall out. Do NOT put ANY items in a Ziploc bag.

HEIFER INTERNATIONAL

began in 1944. It's focus is helping the world's undernourished people develop the means to feed themselves so they become self-reliant and are able to maintain the dignity they deserve.

The idea behind Heifer is similar to the notion that it is better to teach a man to fish so he can feed himself than to give him a fish that will feed him just once. One animal can help a whole community, because the one who receives it passes an offspring to another family and the gift of giving keeps on giving.

One way to give to Heifer International is by 'gifting' friends and family. At various levels, here's what a contribution through your local church to Heifer International, can do:

- \$10 can be the gift of...chicks or seedlings or a share of a goat, sheep, or pig.
- \$20 can be the gift of...ducks & geese or llama
- \$30 can be designated for...bees
- \$60 provides a gift of...trees or a trio of rabbits or a flock of chicks
- \$120 can be the gift of a goat or a sheep or a pig
- \$250 is the cost of a water buffalo
- \$500 is the cost of a dairy cow

You can get more information on their website: www.heifer.org

BLANKETS+

Like a miracle of the loaves and the fishes, your gifts to CWS Blankets+ multiply as they are joined with the contributions of other congregations, yielding a rich harvest of caring for those in need. Each blanket costs only \$10 but these blankets can be a vital resource for someone needing a little support, warmth and encouragement.

Many millions of people the world over crawl on the ground or have to be carried by friends because they are leg-handicapped from a multitude of reasons, including:

Landmines Disease Birth Defects Other Injuries

Often these amputees are treated badly by society; they lack pride and dignity, might easily be penniless, isolated and hopeless.

Mobility Worldwide, once known as P.E.T., is a global charity that builds and provides three-wheeled, off-road wheelchairs to those unable to walk in the developing world. P.E.T.s are sturdy hand-cranked wheelchairs. There are adult sizes, and models for children and those unable to use their arms.

Besides cash donations, you can support Mobility Worldwide by making parts in your own workshop or volunteer in a Mobility Worldwide shop near you.

In Iowa, PETs are manufactured & assembled at Mobility Worldwide of Hawarden. PETs are sent all over the world. You can get more information at www.mobilityworldwide.org.



MOBILITY WORLDWIDE
Personal Energy Transportation