

Circle Plans for 2019

JANUARY	JULY
FEBRUARY	AUGUST
MARCH	SEPTEMBER
APRIL	OCTOBER
MAY	NOVEMBER
JUNE	DECEMBER

SISTERHOOD OF GRACE

Celebrating 150 Years in Mission



www.unitedmethodistwomen.org

Grace United Methodist Church

*311 2nd Ave. West
Spencer, IA 51301*

2019

sandyheerdt@gmail.com

2019 Program Book

SISTERHOOD OF GRACE

Celebrating 150 Years in Mission

When women discover their history and learn their connectedness to their past and to the human social enterprise, their consciousness is inevitably and dramatically transformed. This experience is for them transcendent, in that it enables them to perceive what they share and always have shared with other women.

In 2019, United Methodist Women will celebrate 150 years of women organized for mission. It is a long and detailed history, involving millions of committed women and their stories. Most of them are unknown. Though we cannot tell all the stories, our program booklet for 2019 touches on pieces of our shared history, connects that history to today, then looks into the future as we continue Christ's mission and ministry.



NOTES & REMINDERS



Let's Sing our PURPOSE!

United Methodist Women –
shall be a community of women –
whose purpose is to know God,
whose purpose is to know God –
and experience freedom as whole
persons– through Jesus Christ;
to develop a creative, supportive
fellowship;
and to expand concepts of mission
through participation in the global
ministries of the church. (2x)

IMPORTANT DATES: NW District UMW

Membership: Membership shall be open to any woman who indicates her desire to belong and to participate in the global mission of the church through UNITED METHODIST WOMEN.



Emblem: The emblem of United Methodist Women, the cross and the flame, symbolizes our organization. The cross and the flame are ancient symbols of the church and appear on the United Methodist Church emblem. Both remind us of our

PURPOSE of growing in our understanding of and willingness to participate in the global ministries of the church. The shape is fluid before us, serving the church at home and in other countries, where we can be at the forefront of movements for change. Always aware of the times, we move into the twenty-first century aware of the opportunities and obligations of discipleship. We are a group of Christian women with many gifts, who are unified by one Spirit. We participate in God’s mission in all areas of life.

Jan. 11	Human Trafficking Awareness Day
Jan.26	Program Planning, Mission u, Leadership Team mtgs. at Iowa UMC Conference Center: Des Moines
Feb. 23	Tempe (Leadership Training Development)
March 1	World Day of Prayer
March 8	International Bell Ringing for Women’s Rights
March 23	150 th Anniversary of United Methodist Women
March 30-31	Spiritual Growth Retreat, Program Planning, Finance, Mission u, and Leadership Team Meetings
April 1-4 or May 16-19	Mission u Training Event at St. Louis
April 8	District Mission Education Event – Embracing Wholeness, Peterson UMC
June 1	*Local Pledge form for 2020 due. Send to NW District Treas.: Esta Fraley, 2360 490 th St., Sioux Rapids, IA 50585
June 8-11	Iowa Annual Conference of UMC: Des Moines, IA UMW event, June 9 at 6 pm
June 30	*Reading Program Reports due; send to NWDistrict Secretary of Program Resources
June 30	*Mission Today Report due and *Approved Mission Study Report due: Send to E & I Coordinator Daina Powers, 216 East Street, Peterson, IA 51047-7066
July 21-23	Mission u @ Iowa Valley Continuing Education Ctr., Marshalltown, IA; DOTE, July 21, 1-3 pm; Spiritual Growth Study: “Gospel of Mark (Radical Discipleship); <i>Anniversary Study: United Methodist Women History</i> ; Issue Study: “ <i>What about Our Money</i> ”
Aug. 17	Program Planning, Finance, Mission u, and Leadership Team meetings @ Des Moines
Sept. 1	*Love Offering/Fill My Cup Offering due. Send to NW Dist. Treas.: Esta Fraley (see June 1 for address)
Sept. 27	District Annual Meeting/Local Officer’s Training @ St. Paul’s UMC in Cherokee
Oct. 5	Iowa Conference UMW annual Meeting @ Des Moines, IA
Oct.18-20	Fall Mission u Event (see agenda from July 21-23)
Oct. 28	NW District Spiritual Growth Study: Location TBD
Oct. 31	*List of Local Unit Officers for 2020 due. Send to NW Dist. Treasurer
Nov. 2	Program Planning, and Leadership Team Mtg at Iowa UMC Conference Center
Dec. 10	*Final local remittances due to Esta Fraley (see June 1 for address)

Prayer Shawl Ministry

Meet to pray over shawls ½ hour before general UMW meetings.

What is it? A prayer shawl is a soft, warm shawl, knitted or crocheted, which is given to persons who are ill, have suffered a loss or are in the midst of a crisis. While the shawl is being created, the maker prays for the recipient (not always known). Before the shawl is delivered, it is again prayed over by the person or team who created it. The shawl is then taken to the person prayed for, with a note and more prayers.

Who makes the shawls? You are invited to create shawls. There is no right or wrong way to create these gifts of love. They do not have to look alike nor be the same color. The patterns are simple and each shawl is one of a kind.

Options: You are welcome to contribute yarn or give a donation for the purchase of yarn.

Instructions: Basic instructions for knitting or crocheting shawls are available in the church office workroom with the card file containing information where each shawl was taken and by whom.

How do I give a shawl? Shawls are on display in the Narthex. You are welcome to take a shawl and deliver to anyone you feel would benefit from its warmth and prayer power. When you have time, fill out a card with the name of the giver and recipient (found in the office workroom). This avoids duplication.



Table Grace

Johnny Appleseed Blessing:

Oh, the Lord is good to us! And so we thank the Lord, for giving us the things we need – the sun, and the rain, and the apple seed. The Lord is good to us.

Amen. Amen. Amen-Amen-AMEN!

The Wesley Grace

Sing to tune:

“Praise God from whom all Blessings Flow”

*Be present at our table, Lord!
Be here and everywhere adored.
Your mercies bless, and grant that we
May feast in Paradise with Thee! Amen.*

Table Grace

*Bless our friends, bless our food,
Come, O Lord, and sit with us.
May our talk glow with peace;
Come with your love to surround us.
Friendship and love; may they bloom and
grow;
Bloom and grow forever.
Bless our friends, bless our food,
Bless all mankind forever. Amen*

2019 Bible Verses (NRS)

January: 1 Peter 5:7: *Cast all your anxiety on him, because he cares for you.*

February: Luke 11:28: *But he said, “Blessed rather are those who hear the word of God and obey it!”*

March: Micah 6:8: *He has told you, O mortal, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?*

April: Hosea 6:1: *“Come, let us return to the Lord; for it is he who has torn, and he will heal us; he has struck down, and he will bind us up.”*

May: James 2:26: *For just as the body without the spirit is dead, so faith without works is also dead.*

June: Daniel 10:19: He said, “Do not fear, greatly beloved, you are safe. Be strong and courageous!” When he spoke to me, I was strengthened and said, “Let my Lord speak, for you have strengthened me.”

July: Psalm 19:14: *Let the words of my mouth and the meditation of my heart be acceptable to you, O Lord, my rock and my redeemer.*

The Reading Program

Plan 1

5 books per year

1 book from each category (adult, children, and youth books)

Selections can be from the 2012-2019 reading lists if not included in previous reports (including youth books) + regular reading of *response* magazine.

Plan 2

10 books per year

2 books from each category book from each category (adult, children, and youth books)

Selections can be from the 2012-2019 reading lists if not included in previous reports (including youth books) + regular reading of *response* magazine.

Plan 3

15 books per year

2 books in each category book from each category (adult, children, and youth books)

Plus 5 additional books from any category and reading regularly of *response* magazine.

Plan 4

20 books per year

2 books from each category book from each category (adult, children, and youth books)

PLUS 10 additional books from any category and reading regularly of *response* magazine.

Future Mission u Topics

2019

- Spiritual Growth: *Gospel of Mark (Radical Discipleship)*
- Anniversary Study: *United Methodist Women in Mission: 150 Years and Beyond*
- Social Issue Study: *What About Our Money?*
- Youth: *Who Do You say that I Am? Meeting Jesus Through the Eyes of Mark*
- Children: *Marked: A Mission Journey with Jesus in the Gospel of Mark*

2020

- Spiritual Growth: *Finding Peace in the Midst of Anxiety*
- Anniversary Study: *United Methodist Women in Mission: 150 Years and Beyond*
- Social Issue Study: *Mass Incarceration*
- Youth: *Walking with Jesus in Anxious Times: Managing Anxiety*
- Children: *Growing in Peace Instead of Fear: Understanding Emotions*

Priority Areas for United Methodist Women 2016-2020

- | | |
|---------------------------|------------------------------------|
| <i>Climate Justice</i> | <i>Economic Inequality</i> |
| <i>Mass Incarceration</i> | <i>Maternal & Child Health</i> |

August: II Peter 1:20-21: *First of all you must understand this, that no prophecy of scripture is a matter of one's own interpretation, because no prophecy ever came by human will, but men and women moved by the Holy Spirit spoke from God.*

September: I Thessalonians 5:11: *Therefore encourage one another and build up each other, as indeed you are doing.*

October: Jeremiah 29:11: *For surely I know the plans I have for you, says the Lord, plans for your welfare and not for harm, to give you a future with hope.*

November: Psalm 118:24: *This is the day that the Lord has made; let us rejoice and be glad in it.*

December: Luke 2:14: *"Glory to God in the highest heaven, and on earth peace among those whom he favors!"*

2019 Budget

Grace United Methodist Women
Spencer, IA 51301

Estimated Receipts:

Circle Pledges.....\$ 500.00
Sisterhood of Grace Spring Tea -Mission Giving.....1,200.00
Other Projects.....1,000.00

Total Estimated Receipts.....\$2,700.00

Estimated Expenditures:

District Missions
Pledge to Missions.....\$1,500.00
Special Recognition.....40.00
School of Mission, 40 members @ \$1.00 per member...40.00
Shesler Hall, 40 members @ \$1.00 per member.....40.00
Bidwell Riverside, 40 members @ \$1.00 per member...40.00
Hawthorne Hill, 40 members @ \$1.00 per member.....40.00
District Library.....1.00
Administration & Membership Development
Courtesy cards & stamps.....20.00
Magazines & Books.....300.00
Local Church Activities
Grace Church.....200.00
(Annual use of copier paper printing program books, etc.)
Gift to church mission or youth group.....50.00
Mission
Katie Wulf (Students International).....300.00

Total Estimated Expenditures.....\$2,571.00

“There are no passengers on spaceship earth. We are all crew.” – Marshall McLuhan

Jeremiah 29: 11 *“For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future.”*

New circle name:

Meeting date & time:

Members:

President: _____

Secretary: _____

Treasurer: _____

Mary Circle

Meets the third Thursday of the month @ 1:30 pm

Members

Barringer, Delores	2101 West 11 th St.	262-4664
Koch, Fran	1900 4 th Ave., SW #216	262-3565
Kress, Shirley	2208 West 11 th St.	580-3378
Montgomery, Sharon	1613 11 th Ave. W.	580-4060
Olson, Mavis	2150 460 th St. Sioux Rapids	264-0620
Patterson, Lorraine	1117 McNaughton Way	262-1659
Pedersen, Marge	1511 Kirsten Dr.	580-3577
Petersen, Jeanette	717 East 16 th St.	262-2732
Peterson, Verna	1401 West 4 th St.	262-7272
Rehnstrom, Marilyn	15 th 19 th St. SE	262-8534
Rose, Lucille	1501 St. Luke DR #313	262-8008

Officers: President: Marge Pedersen
 Secretary: Lorraine Patterson
 Treasurer: Sharon Montgomery

Honorary Members:

Five Star Unit Requirements

Designated Giving

1. **A Call to Prayer and Self-Denial:** Collected in January, February, and March, this annual offering is used for projects and programs relating to the specific year's theme. In three of the four years, the offering is divided equally between U.S. and international need. The fourth year offering helps fund pensions and health care for retired missionaries and deaconesses.
2. **Supplementary Giving:** These designated programs and projects include Crusade Scholarships, Hawthorn Hill, the Assembly Offering, Shesler Hall, and Bidwell-Riverside. These offerings are collected when requested. Love Offering/Mission Offering: April, May, June given at District meeting in September.

Promote: Thanksgiving Ingathering, Prayer Shawl Ministry and the Reading Program

Channels of Mission Giving

Pledge to Mission: Pledge cards and gifts are given to your circle treasurer or unit treasurer. A member decides the amount of her individual pledge and the local unit decides what portion of the budget will be the unit's Pledge to Mission.

Social Mission Recognition: An individual or unit honors a special person by giving a gift for mission in her/his honor. A certificate and/or gold pin are provided for the honoree.

Gift to Mission: A gift of \$5 or more for mission is sent in honor of any individual. A card is sent by the donor to the honoree.

Gift in Memory: A gift of \$5 or more is made in memory of a member or a friend. A gift acknowledgement card is sent to the family of the deceased.

World Thank Offering: Collected in September, October and November, spontaneous, additional gifts are given out of gratitude throughout the year for God's abundance and in celebration of the joys of life.

GUMC UMW Officers – 2019		
President	Sandy Heerdt	712-212-5364
Vice President		
Honorary Pres.	Jane Moen	712-262-7654
Secretary	Linda Johnston	712-262-3176
Treasurer	Judith Olson	712-262-2516
Sec. of Program Resources	Deloris Barringer	712-262-4664
Mission Coordinators		
Spiritual Growth	Nancy Bell	712-262-2718
Social Action	Bonnie Foust	712-580-6201
Education & Interpretation		
Membership, Nurture and Outreach		
Nominations		
Local Coordinators		
Historian	Lorraine Conley	712-262-5879
Communications	Sandy Heerdt	712-212-5364
Prayer Shawl Ministry	Lorraine Conley	712-262-5879
Courtesy		
Anniversary & Sympathy		
Get Well and Birthdays	Lorraine Conley	712-262-5879
Shepherdess	Sandy Heerdt	712-212-5364

NW District Officers 2019			
President	Julie Nelson	Education & Int.	Daina Powers
Vice President	Virginia Otto	Membership, Nurture & Outreach	Judy Wanned
Acting Secretary	Marty Warrender		
Treasurer	Esta Fraley	Communication Coordinator	Sandy Heerdt
Spiritual Growth	Kathleen Hawkins	Social Action	Janet Grossnickle
Acting Program Resources	Sue Ritts	Nominations	Julie Dozark

Ruth Circle

Meets the third Thursday of the month @ 9:30 am

Members

Bell, Nancy	1716 14 th Ave. West	262-2718
Conley, Lorraine	824 East 4 th Street	262-5879
Dobbins, Connie	411 4 th Ave. West	262-3112
Dobbins, Linda	411 4 th Ave. West	346-7457
Foust, Bonnie	521 Prospect Drive	580-6201
Grote, Wanda	4705 200 th St. Sioux Rapids	283-2016
Horning, Jamie	915 4 th Ave. West	346-7836
Johansen, Shirley	1311 12 th Ave., SE	346-8625
Lundt, Mary	212 9 th St. SW	262-7968
McQueen, Carol	1900 4 th Ave. SW	580-3733
Olson, Judith	1200 Craig's Court	262-2516

Officers: President: Lorraine Conley
 Secretary: Carol McQueen
 Treasurer: Bonnie Foust
 Program Chair:
 Courtesy Chair: Nancy Bell
 Calling: Mary Lundt

Honorary Members:
 Wanda Eninger

Lydia Circle

*Meets the third Thursday of the month @ 9:30 am
No meetings in January, June, or August
Location: Wesley Room @ GUMC*

Members

Beltz, Maurine	103 E 21 st St.	260-5198 or 262-2722
Foote, Helen	614 West 7 th St.	262-4996
Johnston, Linda	1702 S. Grand Plaza Dr.	262-3176
Maschino, Beverly	1900 4 th Ave. SW #104	262-6980
Muller, Pat	1900 4 th Ave. SW #225	262-5369
Paulsen, Shirley	110 Pleasant Blvd	363-2662
Rhode, Betty	1900 4 th Ave. SW #105	580-3798
Riley, Georgia	705 West 7 th St.	580-4477
Runkle, Gerry	1615 11 th Ave. West	262-0261
Schoer, Sylvia	1212 16 th Ave., West	262-5237
Wheeler, Shirley	1102 St. Luke Dr. 308	262-7784
Wimmer, Sonja	3355 210 th Ave.	262-3650

Officers: President: Linda Johnston
Secretary/Treasurer/Cards: Sylvia Schoer

Honorary Members:
Judi Calhoun

Membership in United Methodist Women

United Methodist Women is a group of women in each congregation organized for MISSION. The United Methodist Church is a connectional church and like the church, the local and district groups of United Methodist Women relate directly to conference, jurisdictional, and nation levels of United Methodist Women.

A member commits herself to our PURPOSE.

You can be a member of a local church unit, a local unit, and a circle or if you don't have a local unit, you can belong to your District as a member of United Methodist Women.

Spencer United Methodist Women and Friends:

Alger, Rose	1415 S Grand Plaza Dr.	262-8476
Ewoldt, Teri	118 E 21 st St. #311	580-3120
Johnson, Marietta	1614 Marks Court	260-3760
Heerdt, Sandy	504 Q Ave., Milford	212-5364
Lambertus, Ann	107 4 th Ave., West	346-8756
Liekweg, Jannis	1223 W 4 th St.	580-3721
Moen, Jane	222 W 4 th St.	262-7654
Todd, Donna	1404 13 th Ave. West	580-4470

Subgroups/Circles allow members to focus on special mission interest in smaller groups. They provide greater flexibility and freedom for participation, nurture and leadership development. Some women find that their Circle is their primary connection for prayer, study and spiritual growth. The Circles at GUMC also serve as the base on which our United Methodist General Group functions.

**2019 UMW Meeting Schedule
Sisterhood of Grace**

January 3: Sisterhood of Human Flourishing

Meet in the Fireside Room

9:30 Coffee A time to look at the year ahead, explore our new program book and the theme for the year. We will dream and plan.

All United Methodist Women are invited.

Coffee and Pastries: Sandy Heerdts & Linda Johnston, hostesses.

February 7: Women Investing in Shalom

Meet in the Chapel

10:00 Prayer Shawl Ministry, 10:30 Business Meeting
10:45 Program: Installation (Jane Moen) & Pledge Service
12 noon lunch host: Ruth Circle (Wesley Room)

March 7: Women Proclaiming the Mystery of Faith

No meeting this month.

Consider participating in **WORLD DAY OF PRAYER**
in the Chapel 8 am – 4 pm

April 4: Women Witnessing to New Life

Meet in the BenTena Room

2 pm: Prayer Shawl Ministry, 2:30 Business Meeting
2:45 Program: Ruth Circle
3:30: Coffee & Pastries

Each circle is asked to provide one pan of pastries

**May 2: Women Responding
and Serving in Christ's Name**

**“Sisterhood of Grace - Spring Tea”
Mission Fundraiser & Fellowship**

9:30 am – 11:30 am

BenTena Room

Welcoming Hostesses: Mary Circle
Tea & Tiny Sandwiches/Sweets: Lydia Circle

June & July

No meeting these two months

Women will be encouraged to read and meditate on
“Women Offering Belongingness” &
“Women Rising Up for Human Dignity and Rights”

**August 15: Women Speaking Truth
from the Ground Up**

Meet in the BenTena Room

10:00 Prayer Shawl Ministry, 10:30 Business Meeting
10:45 Program: Memorial Service (Linda Johnston)
Coffee & Coffee Cakes

Each circle is asked to provide one coffee cake
which will be enjoyed during the business meeting

September

No meeting this month

Women will be encouraged to read and
meditate on “Persistent Women”

October 3: Women Expanding the Table of Inclusion

Meet in the BenTena Room

10:00 Prayer Shawl Ministry, 10:30 Business Meeting
10:45 Program: Sandy Heerdts
12 noon lunch: Mary Circle

November 7: Circle Chairpersons and UMW Officers

Meet in the Fireside Room

2 pm: Program Planning and Nominations Report for 2020
Coffee & Refreshments: Sandy Heerdts

**December 5: Rooted in our Foremothers,
Women's Vision of Shalom**

Meet in the Chapel and Wesley Room

2 pm: Prayer Shawl Ministry followed by Business Meeting.
2:30 pm: Program: Lydia Circle
3:00 pm: Christmas Coffee & Cookies
(All women invited to bring a plate of cookies to share)